

RIDING

Riding is a very popular sport. There are several disciplines:

- cross country
- jumping
- dressage
- gallop race
- trot race

This is typical for sport horses but there are also working horses. They are designed for working at home.

The slowest is walk. Then is trot and the fastest is gallop. For some horses is trot faster then gallop. Trot divided into :

- extended trot
- working trot
- shortened trot

We can ride light or sitting trot. Gallop divided into :

- center
- shortened gallop
- extended gallop

We can ride sitting, half sitting and standing gallop. You can ride horse , pony or dunkey. Horse is happy when he roll on the grass.



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