

CHEERLEADING

Cheerleading ranges from yelling to intense physical activity for sports team motivation. The routines usually range anywhere from one to three minutes, which may contain many components of tumbling, dance, jumps, cheers and stunting in order to direct spectators of events to cheer for sports teams at games or to participate in cheerleading competitions. The yellers, dancers and athletes involved in cheerleading are called cheerleaders.

The history of cheerleading is closely tied to the history of sports in the United States (i.e. American Football, Basketball and even Rugby). The first American Football university/college game, the initial sporting environment to witness the birth of cheerleading, was held in 1869 between Princeton University and host school Rutgers University located in Piscataway, New Jersey, Northeastern USA; setting the stage for cheerleading to begin.

In Slovenia, cheerleading is very popular sport. Slovenian Cheerleading and Pom Pon Association was created on 11th of May 1999. In Slovenia, cheerleading is "young" sport which was introduced to primary and secondary schools together with the project School Basketball League in 1995.

Almost every school has got its own cheerleading team. Ours is called Cvetke after the name of our school (OŠ Cvetka Golarja). Students can join the group in third grade. The leader of our team is Majda Bertoncelj. They perform at almost every school event, but they don't cheer at any school matches. They have specific choreography and they lift up the short ones, the top of performance was pyramid but there are not enough older small girls that could do that now.

They are still very successful and they are national champions. They are the most successful in ŠKL. They have many years in a row state champion and also participate in European and World Championships .



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